



## ODPOCZNO

*Just when you think you've seen  
everything in folk music, you come  
across a band like Odpoczno.*

— **Maciej Szajkowski** (Warsaw Village Band)

# ODPOCZNO NEW DIMENSION OF POLISH TRADITIONAL MUSIC

If, travelling through central Poland, you find yourself drawn to the small villages near Opoczno, where the rhythms, grooves and beautiful sounds of traditional music of the region are played, you'll probably also find Joanna Gancarczyk, Marcin Lorenc, Marek Kądziała and Piotr Gwadera, trying to blend in with the local old music masters and picking up tunes that would otherwise soon be consigned to oblivion. The common denominator of these four musicians, all of whom come from radically different musical backgrounds, is the fiercely traditional music from this unique region of Poland, which they have robustly reinterpreted via the contemporary language of improvisation, alternative music and even hip-hop.

Formed in 2014, the band gained almost immediate critical acclaim when, in 2015, they won the prestigious Polish Radio Competition for „New Tradition”. Almost three more years of musical experimentation were necessary before the recording of the group's first album, “Odpoczno”, a well-balanced fusion of old and new, could take place. At that point the band's music has developed organically merging and fusing several musical genres, with an electronic touch added by Paweł Cieślak at the stage of production. The album, released in March 2018 by Audio Cave and with a graphic design by Jakub „Hakobo” Stępień, received a rave review on the day of its release – strong proof that fresh new shoots are still emerging from traditional roots.

The group's name “Odpoczno” relates directly to the Opoczno region of Poland but at the same time it is a Polish pun which conveys the word “odpoczywać” – “to ease off, relax”. Relax and listen!

## ODPOCZNO ARE:

Joanna Gancarczyk — voice, cello, melodica  
Marcin Lorenc — violin  
Marek Kądziała — guitar  
Piotr Gwadera — drums

## VIDEOS:

Odpoczno — [Jade ja se](#)  
Odpoczno — [Kowboj w Kalinie live](#)  
Odpoczno — [Rapowy live](#)

## CONTACT:

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